

SPORTS PHYSICAL EXAMINATIONS

Because of the relationship between athletics and student health and safety, a sports physical will be required before a student may participate in any extracurricular athletic activity. The physical examination must have been given within 90 days prior to participation. Thereafter, students participating in athletics must have a physical examination on a schedule recommended by their health care provider, but not less frequently than once every two years.

A sports physical is intended to cover all athletic activities for the school year. However, a coach may request that a student be examined if he/she feels that the student's health will be compromised by continued activity.

A student who suffers serious illness or injury must obtain "return to play" permission from his/her physician before further participation in athletics is allowed.

All students must demonstrate evidence of health insurance coverage before participating in extracurricular athletic activities.

Adopted: July 25, 2000

Revised: June 14, 2005