

Parent/Teacher Interscholastic Athletic Guide
Old Orchard Beach High School
2009-2010



Principal: Rick DiFusco
Assistant Principal: Jim Walsh
Athletic Director: Jack Trull

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ATHLETICS POLICY

Philosophy

The primary purpose of athletic activities at OOB H.S. is to contribute to the overall development of the student in concerns with the school's philosophy and objectives. Participation in any activity as a representative of one's school and community involves certain responsibilities to the school and the community.

All students participating in athletics do so voluntarily and are expected to adhere to certain standards commonly accepted as promoting healthy bodies and minds. Students who choose to participate are expected and are presumed to understand and accept their responsibility as a condition of their participation.

Eligibility

The Old Orchard Beach High School Eligibility Policy is unique, containing a strong academic component blended with a fair and reasonable practice and participation schedule. The student remains accountable for his/her actions both in the classroom and while practicing in the activity.

The Activities Program is open to all regularly enrolled students at Old Orchard Beach High School who meet the following requirements:

- 1) A student must carry at least (6) full credits per quarter or the equivalent of 480 minutes of instructional time over two days in order to participate in any activities.
- 2) Initial eligibility is based on the previous quarter grades and the required six (6) credits in that quarter for participation. *
- 3) Athletes must pass 4 subjects. (State Requirement)
- 4) If an athlete fails one subject but still complies with #3, the athlete will be allowed to play with no restrictions.
- 5) Incompletes will be treated as follows:
 - If a student receives an incomplete and has earned a passing grade (70 or above) at the time the incomplete was issued, he/she will be considered passing that class until the incomplete work is made up. At that time, the resulting grade will be final.
 - If a student receives an incomplete and has earned a failing grade (69 or lower) at the time the incomplete was issued, he/she will be considered failing that class until the incomplete work is made up. At that time, the resulting grade will be final.

Probationary Status

A student will be placed on probation for an entire quarter under the following circumstances:

- If an athlete fails two or three subjects, the athlete will be allowed to practice, but will NOT be allowed to play in a game or match for one half of the season. At that point, the athlete's grades will be checked in all subjects. If the athlete is passing in ALL of their classes, they will be able to join the team as an active participant.
- If the athlete is failing in ANY of their subjects, at that point, they will NOT be allowed to continue in any capacity with the team. *The Athletic Director will check the athlete's grades with the teachers.
- All athletes in question will receive a progress report.
- If an athlete fails more than three subjects, they will not be allowed to participate in any capacity with a team, regardless if they comply with #3 or not.
- A subject failed during the fourth quarter can be taken in summer school and made up for credit.
- If the Principal and the Athletic Director determine that a hardship exists due to size and experience of a squad which, could affect the safety of the participating team member, probationary students will then miss equal number of games but at the discretion of the Principal and the Athletic Director.

Tobacco Products, Drugs & Alcohol

A student who participates in athletic activities agrees to refrain from the use of tobacco products, drugs and alcohol. Any student violating this rule will be dealt with as follows:

First Offense - the student is suspended from all activities for seven (7) days or one (1) week which must include the least one contest and he/she must participate in the Substance Abuse Awareness Program (S.A.A.P.) **This suspension will be in effect regardless of the date of the incident between the start of fall sports in August and the last day of school in June.**

Second Offense - the student is suspended from any activity for **11 weeks**. The student will continue to participate in the S.A.A.P. before participating in another activity.

Third Offense - the student is suspended from any activities for **12 months** unless the student participates in an outside, structured S.A.A.P. approved by the committee. Upon successful completion of this outside structure S.A.A.P., the individual's case will be reviewed by a committee.

Selling/Furnishing/Possession

A student who participates in Athletics and/or band involved in selling, furnishing, or possession of drugs will be dealt with as follows:

First Offense - the student is suspended from the activity for **11 weeks**, and he/she must participate in the Substance Abuse Awareness Program (S.A.A.P), before participating in another activity. This suspension will be in effect regardless of the date of the incident between the start of fall sports in August and the last day of school in June.

Second Offense - the student is suspended from any activities for **12 months** and recommended to participate in the Substance Abuse Awareness Programs (S.A.A.P.) Upon successful completion of this outside, structured Substance Abuse Awareness Program, the individual's case will be reviewed by a committee.

Self Referral

Self referral can be made by a student or a parent. When a student is so referred, he/she shall undergo an assignment counselor. A student who is voluntarily referred, who is actively involved in a S.A.A.P, and who is successfully addressing the problem (abstaining from use), may continue in school activities. A self referral will be considered a first (1st) offense.

Referral

Staff members may refer a student for assessment. Parental approval is necessary prior to assessment. with parental approval, the student shall undergo assessment by our counselor. If the student admits to a problem, gets actively involved in our S.A.A.P., and successfully addresses the problem (abstaining from use), the student may continue in school activities. This would be considered a first (1st) offense.

Code

Participating in activities is a privilege, not a right. Any violation of the law, on or off school grounds, is a reflection of team, school and community and will result in disciplinary action. Therefore:

- The use/possession of any tobacco products, drugs or alcohol by a student in any activity is strictly prohibited.
- Violations of the following nature may result in the student's ineligibility for a long period of time: being a consistent or serious disciplinary problem in school;
- vulgar or abusive language towards a team member, opponent, officials, or coach.
- of the accusation of theft, vandalism, or possession of stolen property.

- **Additional Rules** - students will be given a copy of any rule issues by the

coach other than those mentioned.

* A recurrence of any disciplinary infraction may result in the athlete being removed from the squad for the remainder of the season. A review and decision on these matters will be the Principal and the Athletic Director.

Regulations

It is further understood that students absent from the school day of an activity shall not participate without a special excused absence and/or full sanction by the Principal.

All squad members must travel with the teammates unless there are extenuating circumstances. They will be excused to the custody of a parent/guardian by the coach with prior approval of administration.

- No equipment or uniforms shall be worn except when participating in a sport unless permission has been granted by the Athletic Director.
- If a student/athlete is not in school the day of an activity/game for, at least, 1/2 (half) of the school day, he/she will not be allowed to participate in or attend that day's activity unless excused by a high school administrator.
- Students suspended from school shall not be allowed to practice or participate in contests while on suspension.
- Students should be aware that they are representing OOB H.S. and shall act and dress accordingly. Each group may have its own training rules and "day of activity" and traveling code requirements, as long as each group dresses cleanly, neatly and in good taste.
- Nothing in this policy is intended to prevent a coach/advisor or Athletic Director from suspending a participant for reasons other than listed above. (Ex., skipping practice, poor sportsmanship, breaking curfew, accusation of felony or a misdemeanor, attend a party where alcohol/drugs are present or host a party where alcohol/drugs are present). This will be considered an offense of the Drug/Alcohol policy. Repeated infractions of regulations may result in removal from the activity for the remainder of the season.

Application

When violations of the code occur and we are brought to the attention of the coach, Athletic/Music Director, Assistant Principal, or Principal, the following process will be implemented.

- A determination of the facts of the violation will be made by the Athletic/Music Director, Assistant Principal, or Principal.
- If the facts indicate that the violation did occur, the student and his or her participation pending a review of the situation.

Coaches' Responsibilities

- Demonstrate good sportsmanship at all times. You are the leaders on an off the court/field.
- Have and show respect for the opponents and treat them as guests.
- Accept the official's decisions. Good sportsmanship implies willingness to accept and abide by the decisions of the officials. Public protest can only lead to similar behavior by the players and spectators.
- Refrain from profanity, as it is an unacceptable part of the game for either you or the players.
- Maintain self control at all times.
- Provide opportunities for social interaction among coaches and players of both teams before and after the contest.
- Be mindful of comments made to the news media, especially following a hard fought contest.
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- Let the players play, it's their game.

Official's Responsibilities

- Know the rules.
- Be fair and firm at all times.
- Treat players and coaches courteously and demand the same treatment.
- Know the game is for the athletics and let them have the spotlight.
- Keep calm and rational at all times.

Spectator's Responsibilities

- Remember the game is for the players: your good sportsmanship will enhance their educational experience.
- Refrain from distracting the players during the contest.
- Recognize and appreciate skill and effort of performance, regardless of affiliation.
- Treat the officials with respect before, during, and after the contest.
- Display good conduct and abide by the school rules. **The administration has the authority to remove any spectator who does not behave properly.**
- Remember your view of the game could be quite different from the officials.
- Recognize the fact that you represent the school, as do the athletes.
- Respect, cooperate, and respond enthusiastically to the cheerleaders.



SPORTING LOCATIONS:

Boothbay

Take I-495 to Exit 9, then take 295 North to Route 1 North. Follow Rte.1 North through Wiscasset. There is a low bridge just after the town, 1/2 mile after the bridge take a right onto Rte. 27. Follow Rte. 27 for 12 to 13 miles. After going down a large hill, the high school is on the right, across from the YMCA.

Cape Elizabeth

Take Maine Turnpike (I-495) North to Exit 6a(I-295). Then take 295 North to Exit 6a(Forest Ave., South) Bare right. At lights bare right onto State Street. Follow sign to Rte. 77. On State St., over the Million Dollar bridge into South Portland. At the rotary, bare left. Follow signs to Rte. 77 Cape Elizabeth. At 4 Corners lights in Cape Eliz. (Cumberland Farms on right, Casco Bank diagonally across on left), go straight through lights. Just beyond small mall is a sign to Cape Eliz. H.S.. - turn right. At rotary in front of school, turn left for soccer and track, right for baseball and field hockey, turn right, then 1st left for basketball & softball.

Falmouth

Take Maine Turnpike (I-495) North to exit 10. Left after toll, onto Rte. 100 into West Falmouth. At 1st light beyond Shop N'Save plaza turn right onto Falmouth Rd. Just below hill, bear right at the V. Follow this road over RR tracks, by Town Hall. Just beyond town Hall, turn left onto Woodville Rd. At school, turn left onto road between tennis courts and school. Fields are out back. For basketball, park in lot across the street from the school.

Freeport

Take Maine Turnpike (I-495) North to exit 6a (I-295). Get off on exit 19 Desert Rd. Bare right off interstate, then bare left toward town. Turn left onto Holbrook St. at Mikasa Outlet. High school is on the left.

Fryeburg

Take Rte 202 to Rte 113 in Windham, onto Rte. 302. In Fryeburg go around bend, Academy is on the left.

Gray-New Gloucester

Take Maine Turnpike (I-495) to Gray exit 11. Right after toll. At first intersection - stay left. At second light, turn left onto Rte 26. Go about 1 mile past the Pike Bridge - look for Libby Hill Rd. on the left. School is down this road on the right.

Greely High School

Take Maine Turnpike (I-495) north to exit 10. Left after toll, onto Rte. 100. Approx. 1 mile turn right 2nd light onto Falmouth Rd. Falmouth Rd. will immediately bare to the left & becomes Winn Rd. Remain on Winn Rd. until it intersects with Rte. 9. Take left onto Rte 9. Approx. 1 mile to Cumberland Ctr. Schools on the right just after the light.

Jay

Maine Turnpike North to Auburn exit 12. Follow through Auburn using Rte. 4. At stop light in Livermore Falls go left and stay on Rte 4. Jay is the next town - HS is on the right, near police station.

Lake Region

School on right on Rte. 302. Middle school is off 302-3-4 miles out of Naples turn right onto Kansas Rd before lake. Region HS school is on the left.

Lisbon

Maine Turnpike North to Auburn exit 13. Take 196 south approximately 8 miles into Lisbon Falls. The HS is just beyond the shopping center.

Livermore Falls

Maine Turnpike North to Auburn exit 12 and follow Rte 4 into Livermore Falls. At traffic light, turn right. Go 3/4 to 1 mile. The school is on the left at the top of the hill.

Madison

Maine Turnpike North to the Norridgewock-Madison exit. Take a left off the ramp onto Main St. Go straight, past a stop sign and over RR tracks. Take a right at the lights and go over another set of RR tracks and a bridge. You are now on Rte. 201a. Follow the road into Madison. Take a right at the lights onto Rte. 148. The HS is 1 1/2 miles on the left.

North Yarmouth Academy(NYA)

Take Maine Turnpike (195) North to exit 6a - I295. Get off at the first Yarmouth (16) exit. Take a left on Rte 115 (Main St.).

- HS is on the right.
- Field Hockey -at 2nd light turn left onto Rte. 1, field is in front of ice arena.
- Baseball-after 1st set of lights, turn left at the library. Field is straight ahead at Rowe School.
- Golf- Freeport Country Club

Sacopec Valley

Take Rte 5 into Cornish. At the stop sign, turn left and look for large convenience store and Gulf station on the left, at the fork in the road at the gas station, bare right onto South Hiram Rd. 2 1/2 - 3 miles on the right is the HS (it's the 2nd school).

St. Doms

To Lewiston Armory: Maine Turnpike North to Auburn exit 13. Follow ramp onto Lisbon Rd. At fourth light, take a right onto East Ave. After 2nd light turn left onto Webster St. at 2nd light, turn right onto Central Ave. (not a sharp right). At 1st intersection, you will see the Lewiston Armory on your right.

- To multipurpose center: Basketball - Maine Turnpike North to Auburn exit 13. Follow ramp onto Lisbon Rd. At fourth light, take a right onto East Ave.

Traip Academy

- To the high school: From I-95: about 5 miles south of York Plaza, take exit 2 (Kittery/S. Berwick). This exit will take you to Rte. 236, turn right and go over the Interstate heading to Kittery traffic circle (.3 miles). Go halfway around the circle turning right after the Dairy Queen. Travel 1 mile then turn right after Osco Drug Store. Take the 3rd left (.2 miles) onto Williams Ave. The school is on the right.
- To the football/field hockey/baseball/softball fields: to the high school from I-95: about 5 miles south of York Plaza, take exit 2 (Kittery/S. Berwick). This exit will take you to Rte 236, turn right and go over the Interstate heading to Kittery traffic circle (.3 miles). Once on the circle, take 1st immediate right. Fields on are on the left approximately 1 mile off the circle.
- To the cross country course: to the high school, from I-95; about 5 miles south of York Plaza, take Exit 2 (Kittery/S. Berwick). This exit will take you to Rte 236, turn right and go over the Interstate heading to Kittery traffic circle (.3 miles). Go halfway around the circle turning right after the Dairy Queen. Travel 6 miles and bare right at the Sunoco gas station. Go approximately 1/2 mile and bare right again until you see a bridge at the intersection. Take a right onto the bridge and then a right into Fort Foster Park. The course is located at the end of the road.

Waynefleete

Take Maine Turnpike (I-495) North to exit 6a I-295. Get off the Waterfront exit. Proceed over the bridge until you come to a three prong intersection. Take the middle road onto Danforth St. Take a left at the 2nd light onto Vaughn St. take the 2nd right onto Spring St. School is one block down on the right.

Wells

- High School: Take I-95; about 5 miles south of York Plaza, take exit 2 (Wells/Sanford). After toll plaza turn left. About 1-2 mile there will be a sign to the school entrance on the left.
- Track Field: 1 1/2 miles from the High School. Take a right on Rte 1 south, 1/2 mile at Wells Jr. High School.

Winthrop

Take Maine Turnpike (I-495) North to exit 6a I295 and follow to the Augusta (Rte 202) exit. Take Rte 202 west and continue for approx. 6.5 miles. You will see a shopping mall at the top of a hill on the right. Continue on Rte. 202 for 1 mile until you see a blinking yellow light. Take a right at the light and proceed to the school on the left. Enter at the 1st driveway.

Yarmouth

- High School: Take Maine Turnpike (I-495) North to exit 6a I295. Get off at the first Yarmouth (16) Exit. At the 1st set of lights, take a left onto Portland St. Take the 4th street on the right (West Elm St.) approx. 9 miles. Turn right in approx. 5 miles (just after a little knoll). The high school is on the right side of the street.
- Baseball: Take Maine Turnpike (I-495) North to exit 6a I295. Get off at the first Yarmouth (16) exit. Take a left on Rte 115 (Main St.). Pass NYA arena and take the next right. At stop sign, turn right and go to the 1st traffic light. Turn left, the field is straight ahead.
- Golf: Take Maine Turnpike (I-495), North to exit 10. Left after toll, onto Rte 100. Approx. 1 mile turn right 2nd light onto Falmouth Rd. Falmouth Rd will immediately bare to the left & becomes Winn Rd. Remain on Winn Rd until it intersects with Rte 9. Take left onto Rte 9. Follow signs to Val Halla Country Club.
- Cross Country: Royal River Park on Main St. (rte 115) at Andy's handy Variety Store, take a right if going west, a left if coming east. Park is before bridge crossing river directly opposite Yarmouth water district.

York

Take Maine Turnpike (I-495) North to York exit. After exit turn left onto Rte 1N. Turn right at lights onto Old Post Rd. Approximately 1 mile turn left onto Ridge Rd. Take first right onto Webber Rd. York HS and athletic fields are on the right.

Old Orchard Beach High School
Athletic Participation & Parental Approval Form

Student: _____ Date of Birth: _____

Mailing Address: _____

Phone No.: _____ Grade: _____

Parent/Guardian Name: _____

Home Phone No. _____ Office Phone: _____

List a neighbor or nearby relative who can assume temporary care of your child if you cannot be reached.

Name: _____ Phone No.: _____

Local Physician: _____ Office No.: _____

I certify that my son/daughter is insured for accidental injury:

Name of insurance company: _____

Policy No.: _____ Group No.: _____

Social Security No. if insured: _____

I acknowledge that I had received, read, and understood the athletic policy attached in the brochure, which any athlete participating on an Old Orchard Beach High School athletic team is asked to abide by.

I acknowledge that my son/daughter has been warned, and I am aware that there is a risk of injuries that is inherent as a result of my son's/daughter's participating in any sport. I am aware that the injury may be severe and may include: fractures, brain injuries, paralysis, or even death, but consent to the above named child's participation in high school athletics.

Parent/Guardian signature: _____

Student's signature: _____ Date: _____

This form should be returned to your coach prior to the participation in any athletic practice. The above form covers the athlete for one athletic season. Please see the Athletic Director, (Jack Trull), if you have any questions concerning the athletic policies.

40 E. Emerson Cummings Blvd., Old Orchard Beach, Maine 04064 (207) 934-4461

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